

engage!

United Methodist Homes
of New Jersey



Theme:
Volunteerism in the Homes

A Special Chemistry

**Charitable, Sacrificial and
Supportive**

Portraits in Volunteerism

Editor:

Janet M. Carrato

Composition:

The Merz Group

Photography:

Deede Bolger

Tom Darcey

The Merz Group

Pam Mezis

Mary Patichio

Sherri Pizzi

India Santos

Carol Schneider

Published three times annually by the United Methodist Homes of New Jersey, a non-profit agency affiliated with the Greater New Jersey Annual Conference of the United Methodist Church. Copyright ©2014 by United Methodist Homes of New Jersey. All rights reserved. No material may be reprinted without permission of the publisher.

Managing Board

Deede Bolger, *Housing Administrator, Wesley by the Bay*

Janet M. Carrato, *Director of Communications and Public Relations*

Kevin Daly, *Legacy Advisor*

Patricia Darcey, *Director of Marketing, Francis Asbury Manor*

DaLinda Love, *Corporate Director of Clinical Services*

Robbie Voloshin, *Corporate Director of Marketing and Sales*

Cover Photo: Marion and Al Mearns (standing) and Bill and Doris Coe (seated) await the start of High Tea outside Bristol Glen's Garden and Lissa Dining rooms.

A LETTER FROM THE EDITOR

Along with their time, our volunteers bring their education, professional experience, skill, talent, warmth, and enthusiasm to our communities. Their ages are as diverse as their interests. We've seen volunteers as individuals, civic groups, business entities, families, couples, churches, schools, pet and owner pairs, and more.

During the last fiscal year, countless volunteers in 10 United Methodist Homes' communities gave us 29,407 hours of their time. Although that translates to an estimated \$516,652, it's truly difficult to access their immense contributions. Volunteers give meaning and vitality through "social capital," and they strengthen and augment our programs and services. Residents and associates feel deep appreciation for the difference volunteers make each and every day.

Volunteers throughout the Homes train residents to use computers; teach meditation, crafts, bridge, painting, and other subjects; plan, build and maintain community gardens; transport residents; cook; raise funds; donate gifts, supplies and equipment; give parties; lead book groups and discussions; sing and play musical instruments; friendly visit; paint walls and furniture; and other endeavors. And let us not forget the Homes' board of directors and Foundation's board of trustees, the volunteers who govern and lead the organization. Where would we be without them?

Dr. Norman Vincent Peale (1898 – 1993) said, "Such a simple thing as the giving of yourself – giving thoughtfulness, time, help or understanding – will trigger the cycle of abundance." As it turns out, evidence exists to support his statement. Seventy-six percent of U.S. adults who volunteer report that volunteering has made them feel physically healthier, and 78 percent report that volunteering lowers their levels of stress, leading to feeling better than adults who do not volunteer (*Doing Good is Good for You: 2013 Health and Volunteering Study* by UnitedHealthGroup).



Wishing you fulfilling volunteer adventures!

Janet M. Carrato, Editor

PROFILES IN PHILANTHROPY: SIMPSON UNITED METHODIST CHURCH, PERTH AMBOY

By Chuck Murray

Although small in membership Simpson United Methodist Church in Perth Amboy has proven mighty in faith. The pastor, Rev. Joel Fernandez, invited me to present a ten-minute "Minute for Mission" following the sermon during a Sunday worship service in February. This diverse congregation conducts each service bilingually in Spanish and in English.

Rev. Fernandez gave a rousing sermon entitled *Jehovah Shalom (Jehova' es mi Paz)*. As a former United Methodist Bishop of Cuba, he was imprisoned for eight years for speaking against the Castro regime and then fled. For the anthem, parishioner Juan Bonillo sang a medley of spiritual songs in Spanish, strumming and drumming on the guitar in the style of Jose Feliciano.

Since Simpson had not met their annual voluntary Fellowship Fund goal for many years, a remarkable (and probably unprecedented) event took place at the close of the service: Rev. Fernandez called me to the back of the chancel and announced that from now on, the church would meet 100% of their goal of \$2.50 per member per year.

During the fellowship hour following the service, I felt the warmth of the day would live in my mind and heart forever. Several members mentioned a beloved parishioner, who had been a Pitman Manor resident many years earlier. Simpson is just a wonderfully responsive congregation!

Epilog: In March we received \$255 from Simpson United Methodist Church, just over 100% of their 2014 Fellowship Fund goal, thus fulfilling the pastor's promise.

The Foundation has five associates available to speak about the services the Homes provides throughout the state. To arrange a visit, please contact the foundation@umh-nj.org or call 732-922-9800, extension 2128.

Chuck Murray is Planned Giving Specialist for the United Methodist Homes Foundation



**Homes is where the heart is –
please remember the Homes in your will.**

To make a secure online donation visit
www.umhfoundation.org/donate.php

For over 100 years, United Methodist Homes has brought compassionate and innovative care to seniors of all faith backgrounds. Help spread the good news and share highlights about our 10 communities as a volunteer Church Ambassador. Please contact Barry Wehrle at bwehrle@umh-nj.org or 732-657-7580.

RESIDENT ESPRIT DE CORPS



Barbara Crane

By Janet M. Carrato

Since her arrival at Collingswood Manor resident Barbara Crane has become a member of the Welcoming Committee, Book and Bridge clubs, president of the Resident Council, reporter for the Collingswood Manor News, and volunteer in the Collingswood Manor Shop. With an outgoing personality, she comments, “Collingswood Manor is unique in that what’s presented offers something for everyone. I’ve made suggestions and presented ideas that have been incorporated — residents have an important voice here.”

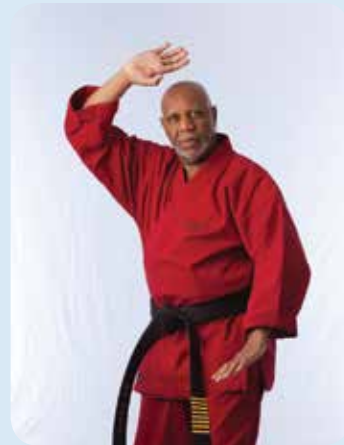
In addition to volunteering where she lives, she’s an active member of the Haddon Fortnightly, a civic and social club for women and part of the New Jersey State Federation of Women’s Clubs. The group promotes education, literary and social interests in the community and raises about \$5,000 annually for charitable organizations such as summer camps, YMCAs, food banks, and animal shelters.

Wayne Ford

By Janet M. Carrato

For nearly half a century Covenant Manor resident Wayne Ford, affectionately known as Papa San, has been an icon in the New Jersey martial arts community.

The 8th degree black belt in both karate and Aiki-Jujitsu, recognized Grand Master and a member of the Black Belt Hall of Fame, remains a renowned teacher, trusted mentor and a loyal friend to legions of adoring students, parents and contemporaries.



As a volunteer, Grand Master Ford taught self-defense to his fellow residents and the Plainfield community weekly for six weeks. This enriched participants as they learned martial movements, also gaining meditation skills and mental discipline. He remains a Jujitsu Master in Residence for a number of martial arts schools in Central Jersey.

Eleanor Pierson

By Patricia Darcey

The Bradley Food Pantry, which feeds tens of thousands of men, women and children each year, was founded 30 years ago by Francis Asbury Manor resident Eleanor Pierson, a local woman with a vision and a need to serve. “The pantry began on the second floor of St. James Parsonage but soon outgrew that space and moved to the kitchen and basement,” noted Mrs. Pierson. “Again we outgrew our space,” she said. “A donor left a large sum of money to help fund the pantry. That money was used to purchase our new building.”



Mrs. Pierson served as the Bradley Food Pantry’s first administrator and was eventually succeeded by Helen MacAllister of Bradley Beach and the current administrator, Rich Brugger of Avon. For her outstanding volunteer efforts, Mrs. Pierson received Rotary International’s prestigious Service Above Self award which was presented to her by the Rotary Club of Belmar-Wall.

PineRidge Posse

By Deede Bolger



How relaxing is this? The only thing missing from Myrna Cavallo’s hand while sitting in the sun is a glass of lemonade. PineRidge of Montclair residents enjoy being outdoors and walking the neighborhood. When it’s time for their annual flea market, they jump to volunteer, ready and willing to assist in every way possible.

Crew at Wesley by the Bay

By Deede Bolger

What could be better than helping a neighbor? Nothing makes a person feel better about themselves than knowing they’ve made someone’s day brighter. Wesley by the Bay residents realize joy from helping their neighbors. Margaret Bell spearheads the group that regularly sends birthday and get well cards. Peggy Gilbey, Penny Tyson and Barbara Ann DeBaufre visit



shut-ins, helping them to manage their mail and offer friendly conversation. Need groceries or a prescription picked up? Ask one of their very busy gentlemen for help. Several who love to cook share their bounty with neighbors.

Wesleyan Arms’ Musketeers

By Deede Bolger

Wesleyan Arms’ volunteers Lillian Simpson, Andrew Perrius and Diane Wright deliver Salvation Army holiday gift baskets to fellow residents. The active trio organized and delivered over 30 frozen turkeys and side dishes to homebound residents. Along with Liz Abrams, they consistently help out in the Wesleyan Arms Café and throughout the year make food shopping trips so that their neighbors have enough groceries.

Often, one of these four are visible around the building, as they assist a less mobile resident with transportation to doctors’ visits. Many at Wesleyan Arms would be lost without these four dynamic and altruistic musketeers. Bravo!



PORTRAITS IN VOLUNTEERISM

By DaLinda Love and Kevin Daly

Gavin Stobie

Gavin Stobie, age 17, from Boy Scout Troop 184 in Green Township, New Jersey built a gazebo at Bristol Glen for his Eagle Scout Community Service Project. He organized and led a team of volunteers all through the summer – they logged in over 180 hours of service planning the project, selecting the site on the grounds, getting a permit, raising money, soliciting gifts in kind, and finally

constructing the structure. The gazebo ribbon cutting ceremony and celebration of Gavin's Eagle Scout project was



attended by many residents, including his grandparents, Al and Marian Mearns, who had watched the progress for many months. Three years later and yet again, residents are eager to use it this spring.

Kraft Foods

Corporate volunteer efforts have also occurred at our senior housing communities. Volunteers from Kraft Foods, based in East Hanover, have worked their magic at Bishop Taylor Manor. Housing Administrator Tanya Preston noted that a former schoolmate helped facilitate contact with the company. Kraft Foods values giving back to the community and was happy to participate. Kraft volunteers came to Bishop Taylor Manor to talk, play games and engage residents in multiple activities.

Steve Sands

Who doesn't enjoy being pampered at the hair salon? Three days a week Steve transports The Shores' residents to the hair salon for a day of beauty. It lends an opportunity to bond with the residents, share a

smile and give some encouragement. They leave the salon feeling refreshed and confident looking their best.

Sun National Bank

Sun in Vineland, focuses their employee efforts toward an annual day of service at Collingswood Manor, Francis Asbury Manor and The Shores at Wesley Manor. Susan Clark, volunteer services coordinator at The Shores, noted that Sun National Bank approached the Homes more than four years ago about employees playing board games with residents and/or performing some landscaping clean-up. Susan reflected, "Community service is an important part of Sun National Bank's mission and they enjoy the relationship they've developed with us. The feedback from a core group of employees who drive the three days of service has always been positive."



Two Sun Bank volunteers bear gardening tools on a day of spring cleanup.

Jay Louise Weldon

Although our seniors did not grow up with computers, many have adapted and learned to use them and other digital devices. PineRidge at Montclair has a fully-equipped Computer Learning Lab. Jay Louise Weldon has been teaching computer classes once a week to the residents and helping them individually. Realizing the important role of technology and how it matters at all ages, the instruction helps them stay in touch with family and friends, find essential information, play

games, track finances, write, file documents, and more. Jay Louise gets so much joy from this assignment.

Holman Enterprises

Volunteer initiatives may focus over multiple days or on an annual "day of service." Holman Enterprises, a worldwide automotive and truck group headquartered in Pennsauken, has supplied many volunteers at Collingswood Manor over the past few years. According to Mary Moloney, volunteer services coordinator, "Holman employees have performed a number of resident activities during different days including entertaining bingo games, lovely fall walks in a nearby park and even manicures. They also graciously assisted with gardening and clerical projects."



Holman staff take a moment to pose in front of the Collingswood Manor sign.

Stella Bock

Once a month, Covenant Manor residents eagerly await Stella's arrival. This volunteer teaches the art of watercolor painting. Stella's effort has proven that everyone has the ability to express themselves artistically regardless of age. The fruit of her mentoring is exhibited on the residents' faces, as art has given them a new-found vitality.

Ollie Ridley, an art student and seamstress, works on a seascape.



Ginny Hewitt

Ginny has been volunteering for three to four years at Pitman Manor. She regularly calls bingo on Wednesday mornings in Assisted Living and is an on-call volunteer for the Tuesday Shoppers.



LeadingAge New Jersey awarded Tuesday Shoppers the *Innovation of the Year* in 2012 (see photo on page 12). The program, incubated almost 40 years ago, remains bolstered and supported by people like Ginny and others who typically go to several different stores and shop for items requested by residents.

Using her sewing skill, she has made walker bags and clothing protectors for residents. Ginny shared, "Volunteering at Pitman Manor is a privilege and I have learned so much from the residents. In fact, it has helped improve my relationship with my 90-year-old brother."

*DaLinda Love is Corporate Director of Clinical Services
Kevin Daly is Legacy Advisor for the United Methodist Homes Foundation*

A SPECIAL CHEMISTRY

By Alice Coghill

A special chemistry exists between students and seniors. Maybe it's the unique combination of youthful enthusiasm and wisdom or the willingness to accept each other at face value. These inter-generational ventures from school groups bring tremendous support and enjoyment among all the Homes' communities.

Montclair State University and Seton Hall University School of Nursing volunteer frequently at PineRidge of Montclair. The students relish coming to PineRidge to form bonds, interact, talk and teach. The seniors, in exchange, impart living history lessons as well as pearls of wisdom.



Seton Hall University students give a health presentation to PineRidge of Montclair residents.

Nursing students gain valuable public speaking experience by giving health presentations and hone their nursing skills during resident mini health assessments. The seniors receive healthy living tips, learn new skills and keep their memories sharp with cognition-improving games and puzzles.

Bristol Glen's young volunteers come from many schools. Preschoolers at Merriam Avenue School and Tender Heart Daycare make Halloween brighter with their colorful songs and costumes. The pen pal program at Halstead Middle School encourages students to correspond with residents. Their letters of encouragement and quarterly friendly visits really lift spirits. Sussex Technical High School students share their knowhow in a variety of ways from fashion and fundraising skills to singing at Christmastime.

Sussex County Community College students have assisted residents with their computer problems and given hands-on technology lessons. Some set up a giving tree in the lobby and donated more than 60 presents for residents to receive on Christmas morning. Other area school and student groups are involved in everything from drama and musical performances to robotic presentations and weeding flowerbeds.

Throughout the course of the year students from more than seven area high schools take part in hands-on annual service projects at Collingswood Manor. Whether rolling up their sleeves to do manicures, playing board games, conducting sing-alongs or planting flowers in the gardens around the building – their youthful enthusiasm is contagious. Volunteers from Cherry Hill West High School share their musical talents – the beautiful voices of the a'capella Men of Note, Fermata, and the Chamber group have brought tears to the residents' eyes.

Also for more than 10 years, second graders from next door neighbor Garfield Elementary School have been enchanting the residents with stories from their favorite books. After the children finish reading they engage the residents with questions about their lives and interests. In return residents share stories of what second grade was like "back in the day."

Francis Asbury enjoys a special relationship with nearby Monmouth University. Recently, 18 students spent the day volunteering. They pampered residents with manicures, played the popular game "Chicktionary," called bingo, and created floral arrangements.

Monmouth University's Student Government Association also invited Francis Asbury Manor to participate in their 14th annual *The Big Event* – a community service project powered by students who volunteer for a day of service in the local community.



Monmouth University students at Francis Asbury Manor.

Over 400 students volunteer their time to help local food pantries, nursing homes, beaches, parks, churches, and schools.

Lastly, Francis Asbury Manor is blessed to have the Pennington School Youth Choir regularly perform a Sacred and Spiritual Music Service for Vespers under the direction of Music Director Bill Alfred. The then New Jersey Conference of the Methodist Church founded the school in 1838. The founders identified three guiding principles: "The education of the physical, the training of the mental, and the grounding of the soul in character."

Pitman Manor has an active and involved core group of young volunteers. Many are affiliated with school clubs, home school groups and church outreach ministries. For example, the Fellowship Bible Church in Sewell will be partnering with Pitman Manor for a service learning program.

The Pitman High School Key Club continues to be involved, most recently bringing in treats for the residents on Valentine's Day. Students have hosted an annual Spring Fling, called bingo and volunteered for special events.

Pitman Manor hosts the monthly meetings of Kids on a Quest, a youth group associated with the Angels of God Clothing Closet, a Pitman-based charity. Their monthly service project comes in the form of gifts presented to residents – usually with a seasonal theme.

Annually, Gateway High School's Student Council works with Wenonah Elementary on community service projects which include Valentine's Day gifts for residents. In addition, students from Gateway have also

participated in a few of Pitman Manor's special event programs.

The Shores at Wesley Manor enjoys strong relationships with students from pre-school through college. As one of its annual service projects the Key Club of Ocean City High School organizes and



Charles and Janet Czajkowski dance at the Mardi Gras themed Senior Prom.

hosts a Senior Prom at The Shores. Last year, the band, Diamonds and Rust, played live music for dancing and listening pleasure. Many residents put on their dancing shoes and relished the evening. Both the students and residents dressed to impress.

Holy Spirit High School visits annually during the Christmas season to present cards and carol. Students from Ocean City Intermediate School "trick or treat" each Halloween, attend Veteran's Day programs and offer tours of the school's rain garden and consumer science classes. Students from Rutgers University and Richard Stockton College of New Jersey embark on internships within the Social Work program.



Julia Meunch and her student, Aron after the performance.

Wesleyan Arms residents recently attended a piano recital featuring 11-year-old, Aron Wiener. Aron is studying with teacher Julia Meunch at the nearby Monmouth Conservatory of Music. The performance highlighted a number of classical selections including pieces by J.S. Bach, Claude Debussy and Camille Saint Saens. Guests really appreciated the performance by this gifted young student.

Alice Coghill is Marketing Assistant at Pitman Manor.

HELPING STUDENTS STEP CONFIDENTLY TO THE MUSIC THEY HEAR

By Patricia Darcey



Four days a week they volunteer at Francis Asbury Manor. They arrive promptly. Their enthusiasm is contagious. They get right to work

shredding papers, vacuuming carpets, dusting furniture, folding laundry, alphabetizing files or watering plants. Their young faces glow with pride as they receive words of praise. They are special needs students in a landmark Ocean Township pilot program with a goal to help them become self-sufficient.

Because two teachers with more than a half century of Special Education experience to their credit, believed with passion that their students required skills that could take them beyond the 12th grade Special Education curriculum, a program called Community Connections was born.

In 2012, Susan Smith and her colleague and fellow teacher, Linda Dexter (now retired), created the curriculum for 18-to-21-year old Special Education students as an extension of the Ocean Township program. “The purpose of the program is to give each student the tools he or she needs to transition to adult life and ultimately to the working community,” Ms. Smith says. “Our students have learning, physical and/or emotional disabilities to overcome,” she adds, “but by the time they reach 18, they need exposure to the real world; they need to learn self-sufficiency.”

“A typical class day begins at 7:25 a.m.,” Ms. Smith reports, when two of our four students stack the “Spartans-on-the-Go” breakfast cart with popular morning favorites, including their own baked goods, made in class the day before. Students take the breakfast cart to all departments throughout the school. Each student is accompanied by a certified trained job coach.

“By doing this they learn job skills,” Ms. Smith notes. “They need to handle money, make change and keep records.” She adds that they learn “it’s not okay to do a job halfway through; they must finish what they start.” She also says that communication skills are reinforced. “They learn to carry on a conversation – something most of us take for granted!”

Taking this training one step further has been the true measure of success for the Community Connections program. “We have two students who have completed the program,” Ms. Smith beams, “and both are working as volunteers in the business community – one of them at Francis Asbury Manor.”



Ms. Smith has high praise for Francis Asbury’s Volunteer Services Coordinator, Meg Cox Gerth and for the community’s willingness to accept the program. “Francis Asbury Manor really helped us get this program off the ground,” she says, sharing their goal to involve more companies. “It’s a win-win situation for everyone.”

So what happens when students reach the age of 21 and leave the program? “By that time, they’re able to use public transportation, manage their money, balance a checkbook, cook, follow a recipe, use an oven and load a dishwasher,” Ms. Smith observes, “They are pretty self-sufficient, but I still cry when they leave.”

Patricia Darcey is Director of Marketing at Francis Asbury Manor.

Do something grand for Grandparents Day!

20th Annual WALK for ALL AGES

United Methodist Homes of New Jersey Foundation



For over 100 years, through your support, the Fellowship Fund has kept its promise that no residents will ever be asked to leave a Homes community due to their inability to pay the total cost of care.

Sunday, September 7, 2014

Francis Asbury Manor • 70 Stockton Avenue • Ocean Grove, NJ

Registration begins at 12 noon

For more information and to register online go to www.umhfoundation.org/events

WALK • LUNCH • ENTERTAINMENT • TOURS • AWARDS

“If a man loses pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured, or far away.”

— Henry David Thoreau

INTRODUCING OUR NEW MISSION:

Compassionately serving in community so that all are free to choose abundant life.

CHARITABLE, SACRIFICIAL AND SUPPORTIVE

By Janet M. Carrato and Patricia Darcey

One hundred and seven years of ministry and thriving communities have required much. It has taken generous donors, dedicated volunteers, spirited residents and their families, professional vendors and partners, talented associates, faithful churches, reliable community partners, caring organizations, businesses, and individuals. Among the dedicated volunteers fall our auxiliaries, which from our founding, have sacrificially supported the Homes in every way imaginable. While their activities vary, here are a few snapshots:



Resident Pegee Grote wears a red hat, sweater set and pearls to high tea.

Bristol Glen Auxiliary President Barbara Bechtold explains, “Most of what we do is for Assisted Living and the Harris Center residents, so when resident and member Ann Bozak suggested high tea, we embraced it as a good opportunity to fund something special for the Independent Living residents. Ann took charge of arrangements for the white glove service, linens, specialty teas, petit fours, tea sandwiches, scones, flower arrangements, clotted cream, publicity, and every other detail. Dressed up for the unprecedented occasion, men wore tuxedos and women donned colorful dresses, elegant jewelry, and exquisite hats and

gloves. Further setting the ambiance, volunteer and talented musician, Katie Pachnos, played beautiful harp music. Attesting to its success Ann stated, “I would love to do it again.”

The Ocean Grove Service Auxiliary are 40-members strong and hail from as far as Cranford and as near as Ocean Grove to volunteer. The auxiliary is non-sectarian and its members belong to United Methodist, Presbyterian and Catholic churches as well as other denominations. But lest anyone think they are not dead serious about what they do, the numbers speak louder than words. “Since the late 1980s they have contributed just under a quarter million dollars to the Homes’ Fellowship Fund,” notes Margaret Barton, president and Francis Asbury resident. “Essentially, there are two big events each year, the summer Fair and the December Bazaar.” While the auxiliary entirely directs the former, they assist the Francis Asbury Manor Resident Council with the latter.



The Ocean Grove (FAM) Service Auxiliary Officers: (seated) Margaret Ruding, secretary; Margaret Barton, president; Marion Minerly, treasurer; (standing) Anna McHale, corresponding secretary; and Florence Levine, vice president.

The Pitman Manor Auxiliary, headed by President Joanne Padget, does many events throughout the year. They solicit clothing donations from churches in the area twice annually and hold sales in September and April at Pitman Manor. October generates a large bazaar with all kinds of items. On the first Friday of each December, they give a Christmas party, assisted by volunteers on the day of the event. Each resident also receives a book of stamps well ahead of holiday mailing time. As all their sister community auxiliaries, some of the proceeds are donated to the Fellowship Fund and some for needs within the community. For example, the auxiliary donated money specifically to purchase two new chairs in the library, a space well-used by residents.

The annual April Showers brings out residents from every floor of Collingswood Manor. Churches donate bathroom, kitchen and personal grooming articles, perfume, stationery, paper products and more. The auxiliary sets up about eight tables organizing everything by bathroom and kitchen. Then, residents line up to shop, taking anything they want for free. Any leftovers are saved for future resident need. President Marti Milne observes, “It’s just like watching children on Christmas morning.”

In contrast, the annual Grandma’s Attic which fills up the entire lobby, living room and music room, brings in a profit as does the November Craft and Thrift Sale. Some funds are donated to the Fellowship Fund and some for needs within Collingswood Manor. Most recently these included a smoothie maker, chocolate fountain, new luncheon tables for the chapel, and a handicapped picnic table.

With focus on The Shores at Wesley Manor and Wesley by the Bay, the Wesley Friends consists of between 15 and 20 members. President Janet Gibbons conveys, “My aunt and grandmother were volunteers at Collingswood Manor. It’s in my blood I guess. My aunt would carry dishcloths, knives and other items, sold for fundraising purposes. She had a little black book listing all the members and their dues payments.”

In addition to shopping for specific items for residents, these dedicated volunteers buy at discount stores and sell the items at cost as a convenience for residents. The Shores Shop sells paper towels, tissues, snacks and more. When stock is needed, the auxiliary members do the shopping. They also run a bazaar in August, Christmas party and monthly birthday parties.



At their 2012 annual meeting and exposition, LeadingAge New Jersey awarded Pitman Manor’s Tuesday Shoppers program the Innovation of the Year. Michele Kent, president of LeadingAge New Jersey, presented the award to longtime volunteers, Carol Davis and Henrietta Sauter. Although incubated almost 38 years ago, about 25 volunteers continue to take turns shopping each Tuesday for Pitman Manor residents.

CHEF'S CHOICE: FRANCIS ASBURY MANOR

EXECUTIVE CHEF LLOYD CATO

By Stephen Davis



Chef Lloyd grew up on the Caribbean island of Jamaica where his passion for food was recognized at an early age. As a child, he watched relatives create fresh meals daily. As a working adult, he familiarized himself with every professional role in the kitchen and obtained an Associate's Degree in Culinary Arts from Brookdale Community College.

His unique style combines his Caribbean background and training from various culinary professionals. Lloyd continued to develop his skills with local restaurants along the Jersey Shore including The Columns and Chef Ed's. He believes in creating fresh, honestly delicious and wholesome meals.

Currently working at Francis Asbury Manor, Chef Lloyd loves what he does every day – being hands-on in the kitchen, working with his staff to ensure the best possible meals, making sure service runs smoothly and keeping the residents happy.

Chef Lloyd really can't imagine working for a better employer. "They give me all the tools I need to be successful from training to networking and resources you can only dream about." In his spare time Lloyd enjoys spending time with his wife and two children. His hobbies include cycling and playing basketball.

Stephen Davis is Area Executive Chef for Sodexo

Steering Group

Lawrence D. Carlson, *President & CEO*
John Callanan, *Corporate Director of Mission & Pastoral Care*
Sharon D. Clapp, *Vice President of Development*
Cynthia Jacques, *Vice President Housing & Community Initiatives*
Patti Koepplinger, *Executive Assistant*
DaLinda Love, *Corporate Director of Clinical Services*
Carol McKinley, *Vice President of Operations*
Robert Nadolski, *Corporate Director of Information Technology*
Roberta Voloshin, *Corporate Director of Marketing & Sales*
Richard D. Wilson, *Vice President of Finance*

For the latest news, visit www.umh-nj.org

facebook.com/UMHNJ

E-mail: umh@umh-nj.org

Phone: 732-922-9800 or toll-free 800-352-6521

Home office: 3311 State Route 33
Neptune, NJ 07753



TIME TO CHECK OUT SENIOR LIVING?

Perhaps the demands of maintaining a house have become a burden? Have you noticed a change in your loved one? Consider a senior community to help with the tasks of daily living. We're here for you. Come to an Open House or a Lunch and Learn. Get a firsthand look at Bristol Glen, Collingswood Manor, Francis Asbury Manor, Pitman Manor, or The Shores, gather information, and meet the people who make it a great place to live and work. Visit <http://www.umh-nj.org/openhouse> for the schedule.

GET ENGAGE DIGITALLY!

Signing up for Engage online conserves mailing, printing, environmental resources like trees and water, and reduces waste. Simply visit <http://www.umh-nj.org/engage-magazine>. Fill out the form, click submit and you are done! Your information will remain confidential.

United Methodist Homes 2013 Annual Report, *The Power of Community*, is posted on our website umh-nj.org.

The 2013 Honor & Memorial Gifts to the Fellowship Fund will be posted online at <http://www.umhfoundation.org/fellowship.php> beginning May 30, 2014.



United Methodist Homes blog features senior issues and trends, consumer and health advice and resident, associate and volunteer stories. Visit <http://blog.umh-nj.org/> or access it through the QR code.

Grilled Caribbean Chicken

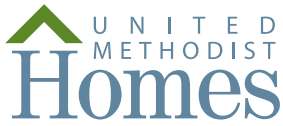
INGREDIENTS:

- 1 teaspoon allspice
- 1/4 cup red onion, chopped
- 1/2 cup green onion, chopped
- 2 tablespoons extra-virgin olive oil
- 1/4 cup orange juice, freshly squeezed
- 1 tablespoon lime zest
- 2 tablespoons soy sauce
- 2 tablespoons fresh thyme leaves, chopped
- 2 tablespoons jalapeno pepper, seeded & diced
- 2 teaspoons fresh ginger root, grated or chopped
- 1 clove garlic
- Salt and pepper
- 4 chicken breasts with bone and skin
- Lime wedges

PROCEDURE:

- Puree all ingredients except chicken in a food processor to create a marinade. Add marinade and chicken to a re-sealable plastic bag, mix thoroughly and marinate in a refrigerator for 4 to 8 hours.
- Preheat oven to 350 degrees Fahrenheit.
- Heat grill to high. Remove chicken from marinade draining the excess. Grill each side of chicken for 3 to 4 minutes then place on a pan and finish in the oven for 15 minutes.
- Serve with fresh lime wedges.
- Serves 4.

Enjoy!



3311 State Route 33
Neptune, NJ 07753

Full Service Communities

At the heart of United Methodist Homes’ resident-driven services and amenities is a team of highly-qualified professionals delivering a continuum of care to adults 65 years and over:

Bristol Glen

200 Bristol Glen Drive
Newton, NJ 07860
www.bristolglen.org
973-300-5788

Collingswood Manor

460 Haddon Avenue
Collingswood, NJ 08108
www.collingswoodmanor.org
856-854-4331

Francis Asbury Manor

70 Stockton Avenue
Ocean Grove, NJ 07756
www.francisasburymanor.org
732-774-1316

Pitman Manor

535 North Oak Avenue
Pitman, NJ 08071
www.pitmanmanor.org
856-589-7800

The Shores

at Wesley Manor
2201 Bay Avenue
Ocean City, NJ 08226
www.theshoresretirement.org
609-399-8505

Independent Living • Residential Living • Assisted Living • Skilled Nursing
Memory Support • Short-Term Rehab • Respite • Hospice

Affordable Housing Communities

Senior Housing communities designed for residential living for adults 62 years and over:

Bishop Taylor Manor

33 North Walnut Street
East Orange, NJ 07017
www.umh-nj.org/bishop-taylor-manor
973-676-9057

Covenant Manor

623 East Front Street
Plainfield, NJ 07060
www.umh-nj.org/covenant-manor
908-791-9430

PineRidge of Montclair

60 Glenridge Avenue
Montclair, NJ 07042
www.umh-nj.org/pineridge-montclair
973-746-0003

Wesley by the Bay

2401 Bay Avenue, Suite 2
Ocean City, NJ 08226
www.umh-nj.org/wesley-by-the-bay
609-399-6701

Wesleyan Arms

9 Wall Street
Red Bank, NJ 07701
www.umh-nj.org/wesleyan-arms
732-936-0760

